



Resources for Supporting Families and Staff during the COVID-19 Health Crisis

Please note: The following links have been suggested in national and statewide webinars/meetings. Please review the content for meaning in your work and vet with your organization prior to sharing.

COVID-19 Resources

Center for Disease Control: <https://www.cdc.gov/coronavirus/2019-ncov/index.html>

PA Department of Health: <https://www.health.pa.gov/Pages/default.aspx>

How to talk with your kids about Coronavirus: <https://www.pbs.org/parents/thrive/how-to-talk-to-your-kids-about-coronavirus>

Como hablar con tus hijos sobre el Coronavirus: <https://www.pbs.org/parents/thrive/como-hablar-con-tus-hijos-sobre-el-coronavirus>

National Parent Teacher Association: www.pta.org/COVID-19

The Collaborative for Academic, Social, and Emotional Learning (CASEL):
<https://casel.org/covid-resources/>

Child Trends: <https://www.childtrends.org/publications/resources-for-supporting-childrens-emotional-well-being-during-the-covid-19-pandemic>

Personal Protective Equipment: <https://dced.pa.gov/pa-covid-19-medical-supply-portals/pennsylvania-covid-19-ppe-supplies-business-2-business-b2b-interchange-directory/>

Importance of Wearing Masks: <https://www.governor.pa.gov/newsroom/gov-wolf-mask-wearing-is-required-critical-to-stop-covid-19-spread/>

PEMA County Contacts: <https://www.pema.pa.gov/County-EMC/Documents/EMC-List.pdf>

Virtual Visits: <https://parentsasteachers.org/virtual-service-delivery>

For Parents

ABCya learning games: <https://www.abcya.com/>

Alice's Kids: <http://aliceskids.org/> (To receive three books per child, up to three children, contact books@aliceskids.org.)

CDC's Developmental Milestones: <https://www.cdc.gov/ncbddd/actearly/milestones/index.html>

Children's Trust Fund Alliance – Resources for Child Abuse Prevention Month:

<https://ctfalliance.org/partnering-with-parents/parent-voice/>

Discovery Online virtual field trips: <https://www.discoveryeducation.com/community/virtual-field-trips/>

Dr. Bob Sege's Blog: <https://positiveexperience.org/blog/>

Harvard's Center on the Developing Child: <https://developingchild.harvard.edu/stress-resilience-and-the-role-of-science-responding-to-the-coronavirus-pandemic/>

A Kid's Book About: <https://akidsbookabout.com/pages/covid-19>

National Center for Families Learning: <http://www.familieslearning.org/resources/out-of-school-time>

PBS Kids Apps: <https://pbskids.org/apps/>

PBS KIDS for Parents: <https://www.pbs.org/parents>

The Ounce parent tools: <https://www.theounce.org/resources/parent-tools/>

Prevent Child Abuse America resources: <https://preventchildabuse.org/coronavirus-resources/>



Seussville: <https://www.seussville.com/>

Storyline Online (actors reading books to children): <https://www.storylineonline.net/>

QNS Online Learning and Homeschooling Resources: <https://qns.com/story/2020/03/16/free-resources-and-subscriptions-for-remote-learning-and-home-schooling-due-to-coronavirus/>

Ready Rosie: <https://www.readyrosie.com/>

Teach Me to Talk: <https://teachmetotalk.com/>

Zero to Three: <https://www.zerotothree.org/>

Professional Development

PA Family Support Webinars: <http://www.pa-pat.org/pat-professional-development/>

Family Support and Home Visiting Website (OCDEL): <http://www.pa-home-visiting.org/training/>

Institute for Family Support Professionals: <https://institutefsp.org/>

Cox Campus: <http://www.coxcampus.org/>

First Three Years Texas: <https://first3yearstx.org/free-online-courses/>

Public Library Association: <http://www.ala.org/pla/issues/covid-19>

Mid Atlantic Equity Center: <http://maec.org/resources/>

Institute for Educational Leadership: <http://iel.org/resources>

Continuously Quality Improvement: <https://www.c-q-i.org/wp-content/uploads/2019/12/12-Reasons-Why-Data-Is-Important.pdf>

Five Strategies for Successful Recruitment and Retention of Children and Families in Human Services Programs: <https://www.rand.org/pubs/tools/TL242.html>

Strategies for Recruiting and Retaining Participants in Prevention Programs, What Works Wisconsin: <https://fyi.extension.wisc.edu/whatworkswisconsin/research-to-practice-briefs/>

Telework/Means to Connect/Staff Morale

Please note: The PA PAT state office at the Center for Schools and Communities does not endorse or support any specific application or developer of applications.

Mentimeter: <https://www.mentimeter.com/>

Zoom: <https://zoom.us/>

Cisco WebEx: <https://www.webex.com/>

DocuSign: <https://www.docusign.com/>

House Party: <https://houseparty.com/>

Poll Everywhere: <https://blog.polleverywhere.com/remote-work-tips/>

Power BI: <https://powerbi.microsoft.com/en-us/>

Leading a team remotely: <https://www.themuse.com/advice/manage-remote-team-tips-coronavirus>

Maintaining morale and productivity: <https://chiefexecutive.net/maintaining-morale-and-productivity-during-covid-19/>

Creative ways to connect: <https://www.criteo.com/insights/5-ways-were-keeping-morale-up-during-covid-19/>

Virtual Service Delivery Readiness: <https://tinyurl.com/VirtualServiceDelivery>

Free Yoga: www.doyogawithme.com

Let's Meditate: <https://play.google.com/store/apps/details?id=com.meditation.elevenminute>

Mindfulness Exercises: <https://mindfulnessexercises.com/free-mindfulness-exercises/>